

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jared de Waal

Has successfully participated & completed the

8km Eastern Nights Trail Run #6

held at Benoni Country Club.

TIME 00:43:09

PACE 05:22/km

OVERALL 13 of 45

12 December 2019, Thu

Date

GENDER 12 of 27

UNDER 40 9 of 14



BoutTime

Signature